

# HOME IS WHERE THE HEALTH SCREEN IS

HEALTH SCREENING IN THE  
COMFORT OF YOUR OWN HOME



CLA HEALTHCARE HAS DEVELOPED A HEALTH SCREENING PROGRAMME THAT CAN BE CONDUCTED IN THE HOME USING THE VERY LATEST MOBILE TESTING EQUIPMENT.

### Ensuring you have a healthy future

Recent studies show that people are living longer, but with higher levels of sickness.\* If early detection of health problems is one of the reasons we are living longer then it should also be used to ensure that we enjoy better health in the future too.

Many illnesses such as Arthritis and Osteoporosis can be detected years before symptoms are experienced, whilst you can't reverse these conditions you can take preventative measures to slow down their progression. Health screening with CLA Healthcare can detect many illnesses early to ensure your future is spent how you want and not restricted by the common constraints of illness.

\* Jane Dreaper, Health Correspondent, BBC News, December 2012

### Adapted to suit your needs

CLA Healthcare have adapted their health screening programme to better suit CLA members whether for you, your partner, or your family. Health screening is usually conducted in a clinic or hospital which could mean travelling quite a distance, however CLA Healthcare have developed their screens to be conducted privately in your own home. Each screen is delivered by experienced screening practitioners and supported by GP's.

The table on the back shows every test included in the health screen.

### Why Choose CLA Healthcare?

- > As CLA Healthcare do not have the cost of clinics it enables us to pass on the savings to you, the client, ensuring our prices remain competitive.
- > Each Practitioner is extremely experienced and has direct access to a consultant GP and follows a specifically approved screening protocol.
- > You will receive the majority of your results within the assessment which enables the practitioners to provide specific individual advice, not generalised.
- > Data shows that 50% of the population who are taking medication experience a side effect to the medication they are taking – health screening and the support you will be given by the practitioner may help slowdown your need to take medication in the future\*
- > You will receive a report to refer to and also 365 days of support from our nursing team.

\*Prevent plc 2012



We both said that being able to have our health screens in our home made the whole experience much more enjoyable and much easier for us to discuss our health issues with the nurse. We decided to have feedback on our tests together – so we could share the results.



CLA Northamptonshire  
member

**STAY HEALTHY**

DETECT ANY POTENTIAL ISSUES EARLY

## CLA Healthcare Health Screening Tests

Exec+ Platinum

Length of Screen (Minutes)	75
Height, Weight and BMI	✓
Body Fat %	✓
Visceral Fat Test (Abdomen Fat)	✓
Blood Pressure	✓
Total Cholesterol (Blood Test)	✓
Blood Glucose (Diabetes)	✓
Metabolic Rate	✓
Hydration Test (Water level in body)	✓
Bone Mass Assessment	✓
HDL Cholesterol (Blood test for good cholesterol)	✓
ECG (Electrocardiogram)	✓
Lung Function Test (Respiratory Monitor)	✓
Cardio Fitness Test (step box exercise)	✓
Leucocytes (Kidney infection test)	✓
Nitrite (Bacteria infection test)	✓
Protein (Kidney disease test)	✓
Ketones ( Dietary protein balance test)	✓
Urobilinogen and Bilirubin (Liver disease tests)	✓
Blood in urine (Kidney disease test)	✓
Blood Oxygen Saturation	✓
Haemoglobin – Red Blood Cell Test	✓
Prostate Disease Blood Test (Men over 40)	✓
Thyroid Blood Test (Women)	✓
Stress Cardiomyopathy Test	✓
Atherosclerosis (Hardening of the arteries)	✓
Peripheral Artery Disease	✓
Heart Rate Variability	✓
Bowel Cancer (Men and Women over 40)	✓
LDL Cholesterol & Triglyceride Blood Tests (Part of a full lipid blood profile)	✓
High Sensitivity CRP Tests (Inflammation of the arteries blood test)	✓
Osteoporosis Test (Women over 40)	✓
Coagulation Blood Test (Test for blood clotting, haemorrhages & thrombosis)	✓
Gout Blood Test and/or Rheumatoid Arthritis Test	✓
<b>Your Price</b>	<b>£250*</b> (RRP £500)
Full (Laboratory) Blood Profile including Liver, Kidney, White and Red Blood Cells plus also tumor markers	<b>£50<sup>†</sup></b> (RRP £188)

\* The prices quoted relate to screening taking place in your own home subject to a minimum value of £500 per day. e.g: 2 x Exec+ Platinums at £250 = £500 (possibly ideal for a couple).

† The FBP is £50 when purchased with an Exec + Platinum or £150 as a stand-alone product subject to the minimum value of £500 per day.

CLA Healthcare Health Screening tests are undertaken by Prevent Plc



01274 717 361

customersupport@clahealthcare.co.uk

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